



Annual Report

April 2017 to March 2020

Swastava Cancer Care



Swastava Cancer Care is a non-profit organisation working towards the cause of defeating cancer in India. Registered as a society in 2017, Swastava's mission is to create awareness among people in general and youth in particular about various types of cancers and their causes along with a way to prevent them. To this end, the organisation works with many like-minded NGOs, CBOs and the Government to conduct awareness camps in communities, schools, colleges and other relevant institutions, speaking to children, youth (through a flagship programme called "reach them young") and women about the causes of cancer and prevention methods. The focus of such awareness camps is to educate children and youth, especially girls and young women, about the risk of breast and cervical cancer. The camps also spread awareness about oral cancer and the risks associated with using tobacco and related products.

Campaigns

Swastava Cancer care also organises awareness rallies and other such campaigning events to bring about general awareness of the cause as well as to expand the base of our supporters. We organise cancer-runs on important days as well as create information-sharing programmes and symposiums to address the issue.

Cancer Screening

To complement the awareness efforts, Swastava conducts screening camps with women across urban communities, villages and institutions in partnership with hospitals, Government departments and supporters to ensure early detection of oral, breast and cervical cancers. Any cases where further investigation is needed are referred to partner hospitals for advanced testing as required. This ensures that women are aware of their health as well as understand the process of diagnostics and cure in case they ever had to face cancer.

Our Impact

In our 03 years of existence, Swastava has conducted awareness and screening camps across the state of Telangana and has so far already benefited more than 15,000 people. This has been made possible through strategic partnerships and financial support from individual and corporate donors.

OUR SUPPORTERS



From the President

It is my great pleasure to see a 3-year-old Swastava cancer care. I recall the days when we were conceptualizing the thought of forming an NGO that can create awareness among the rural BPL families. These people who do not have any idea about cancer and detection through screening for cervical, oral and breast cancers. We also felt the need to create awareness among youth on cancers because of Tobacco & Alcohol besides educating girl children on Menstrual Hygiene, personal Hygiene and problems of HPV. We offered this programme to Commissioner of school education who issued proceedings and accordingly we conducted sessions in 10 High schools in Hyderabad and 25 locations in Sangareddy with focus on girl children. We also started with addressing NCC cadets and school children and found good response & results.



Thanks to LIC of India & Rotary District 3150, we did cancer walks on world cancer day, Breast cancer awareness month and world no tobacco days.

JK Fenner has started patronizing Swastava and sponsored a few screening programmes in Sangareddy & school awareness programmes, which was deserving recognition to Swastava Cancer Care.

Last but not the least is my team which in spite of personal & official schedules, has been sparing time to complete the tasks.

RP Singh IPS (Retd)
President

From the Treasurer

It is my privilege to say thanks to all members of Swastava Cancer care for giving me an opportunity to serve as Founder treasurer. I have enjoyed working with all co-members, taking care of all legal requirements of Swastava Cancer care.

During the journey of 3 years of Swastava we got 12A, 80G and now working on getting FCRA. But for the excellent track record of Swastava we could not have got these approvals.

My sincere thanks to IT officials who accorded these approvals. My thanks are due to Shri Bhujanga Rao, our auditor who whole heartedly supported Swastava activities by personally attending.

Last but not least is our President Shri RP Singh Ji whose fatherly advice and financial support that made activities possible.

Somanchi KS

Treasurer



From the Secretary

The name Swastava has two Sanskrit words - Swasthatha & Vasthavitha. The combination gives a message that **RECOVERY IS A REALITY** – the message of Swastava to all cancer patients & survivors. It was my fortune to work with a visionary Shri RP Singh Ji for 3 years in Indo American cancer Hospital. During this time, I had seen the real suffering of the poor with an unknown disease to them diagnosed as cancer and in advance stage only possible treatment was palliative care till, they die- all due to lack of awareness. My heart used to bleed for these people. My personal experience of late detection of ovarian cancer for my wife (ovarian cancer is the nastiest and always late detected) but still could give quality life for 10 years -but at what cost?) My own Colon cancer also was detected at stage 3 but with minute care I am still maintaining good health.



With this experience I thought we should save poor people in villages by making them aware of cancers and get alerted with symptoms indicated and visit the doctor. Screening is the felt need for 3 cancers which are high in Telangana & AP – cervical, oral & Breast for early detection.

Thanks to Shri RP Singh Ji who after 6 years of experience as CEO of Indo American cancer appreciated my line of thinking. Like minded friends who also had suffered due to cancer directly or indirectly like Mr. Somanchi, KS Prasad , my two children in the US – Venkat Chaturvedi & Ravi Shankar Chaturvedi, Dr Gayatri , Mr. Prabin Bardhan , Ms Maduri & Ganesh Akella, Vasu Gayatri , Mohan Nistala and other members supported the view and joined hands in the making a Swastava and taking it forward. Last but not the least id Shri Ramana a retired employee of JK Fenner who is my Man Friday.

NCC office patronized us and gave opportunity to address several of the batches, Institutions like AV College & Physical training institutions in making cancer walks successful. LIC of India - Shri Ravi Kumar, Shri Satish Kumar, JK Fener by Mr. Vijaya Bhaskar Reddy, Shri T R Reddy TDF USA

from Georgia, Shri DP Reddy TDF, Shri Venkat Nanduri - my friend & Shri Balakrishna from TECCI, Our President Shri RP SINGH without whose financial support we could not have done these activities. I owe my thanks to Rotary District 3150 in which I have been a District chair for over 5 years and PDGs Abraham & Ramesh Vangala gave whole hearted support in Cancer walks.

CSIM programme I did have given shape to my thoughts, insight into mechanism of running an NGO – the nuts & Bolts, besides several contacts. My hidden abilities were brought out by Dr Srivastava, Director and I owe my sincere thanks and Mr. Ganesh who introduced me to CSIM.

My sincere thanks to Dr Srivastava, Dr Sushant and Shri Dhimant Chovatia for helping me finalize Vision & Mission statements of Swastava by sparing an afternoon.

Three years of Swastava journey has given a lot of learning, an opportunity to meet challenges, provide service to humanity and save some lives through early detection.

Dr Vasudev Chaturvedi

General Secretary

**Activities in
FY 2017-18**

Cancer Awareness

Awareness at AV College – Independence Day

Our team addressed the students of AV College on tobacco and its harmful effects. A total of 1500 students attended the programme. The sensitised the youngsters through posters of cancers caused by tobacco. "I pledge" was taken by the students that they will never touch tobacco products.

Awareness event at Bhadrachalam

On 8th Dec an awareness programme was conducted for 600 Students of the Government college in Bhadrachalam. This program was focused on the girl students as most them come from economically backward and marginalised background and suffer from poor nutrition. We shared with them the need to take up proper nutrition and what options they had within their means. We discussed with the Rotary team which organised this program on Providing nutritional supplements and yoga classes alongside regular involvement in sports for these girls.

Cancer awareness for NCC Cadets at Bison Polo

On 4th January as well as on 3rd we conducted an awareness programmes in the Bison polo Grounds for more than 1500 NCC Cadets in all. During these programs the cadets were made aware of dangers of tobacco and alcohol consumption as well as drug abuse. We used visual aids like charts to share information on cancers caused by tobacco use and also gave pointers on how to give up the addiction of nicotine. We also inspired the children to spread the word about the evils of tobacco in their communities and to dissuade other tobacco users from the addiction.

Awareness session at Govt High School Nacharam

We conducted an awareness programme in Government Higher Secondary School in Nacharam. The school has about 600 students from classes 8 to 10. We shared information with them on the evils of tobacco and alcohol consumption. Later we a separate session on personal hygiene and menstruation was taken by a gynaecologist for the girl children.

Cancer awareness for NCC Cadets at Tenali, AP

We took another session for NCC Cadets who were addressed by the Swastava GC in Tenali. The orientation program covered subjects like tobacco addiction and the damage caused by the same when consumed orally or through smoking. About 1000 cadets from various parts of India attended this program and committed to a life of zero tobacco.

Campaign and other activities

Swastava at HOUSLA in Delhi

Swastava General Secretary attended the HOUSLA event in Delhi on 1st September. Housla was organized by Grameen NGO which was participated by 20028 delegates. This is where GS met Ms Manisha Koirala who is also a cancer survivor. The program went very well and provided networking opportunities for us.

Breast Cancer Awareness Walk

We conducted a Breast cancer awareness walk on 17th October. The awareness walk was for a distance of 5 kilometres starting from Indira park and back to the park while covering the nearby areas. Rotarians DG Abraham, PDG Sam and Madam Tejdeep Kaur Menon participated in the walk along with over 150 members Rotarians to raise awareness about cancer.



World Cancer Day Walk

Swastava team organised an awareness walk near KBR Park on the occasion of World Cancer day. Swastava members joined by more than 600 enthusiastic Rotarians participated in the event waving flags and banners and shouting slogans about Cancer awareness. Leaders from Rotary district 3150, various institutions and Rotary palliative care attended this 4-hour programme and made it a great success.

**Activities in
FY 2018-19**

Cancer Awareness

Awareness session at Govt Physical Training College

On 16 and 17 May we organized an awareness programme in Govt Physical training college for Boys & Girls. Nearly 300 current candidates at the college attended the program. We presented the facts related to cancer in India and methods of prevention as well. We also shared information on most prevalent cancers and their links with consumption of tobacco and alcohol.

Breast Cancer Awareness in Champapet

A breast cancer awareness programme was organised in Champapet on 4th Aug 2018 as a joint effort by Rotary District 3150 and Swastava Cancer Care. About 300 residents of the area participated in the programme. Our team used visual aids and videos to share information related to breast cancer and tips on prevention and self-assessment.

Cancer awareness for NCC Cadets at Bison Polo

On 8th Sept another regular cancer awareness session was organised for 800 NCC Cadets in Bison Polo Grounds covering significant issues like cancer awareness, tobacco consumption and evils of tobacco, alcohol and drugs.

Cancer Awareness for Families

On 1st Nov we organised an awareness programme covering Cervical, Breast & Oral cancer for members of the Hyderabad Brahmin Association. A total of 500 members participated in the programme and were given information about these cancers, their causes and prevention through video presentation and display of posters.

Reach them young - Barkatpura

As part of our "reach them young" initiative, we continued to organise cancer awareness camps in the school. On 2nd January, we were at the Government girls' residential high school in Barkatpura which has 90 students enrolled. The girls in school are from migrant families and their parents work as daily wagers. During the session, children were sensitised about the causes and symptoms of cancer, myths related to the same, and preventive measures. A separate session for girls was conducted which focused personal hygiene, harmful effects of self-medication and diet. A quiz competition was also conducted for all the students on cancer and the winners were gifted geometry boxes.



Reach them young - Musheerabad

On 12th Jan we conducted a session for the children at Musheerabad community hall in partnership with the Tech Mahindra training centre. Our team addressed the students about causes and symptoms of cancer, myths about cancer and preventive measures.



Stall at City Civil Court

City civil court legal service authority Hyderabad conducted a legal awareness camp on child rights and protection and friendly legal services to children. 20 Govt schools participated in this camp where NGOs were invited to interact with the participants on various causes. Swastava Cancer Care participated in this event and we were able to interact with more than 500 people including children on cancer awareness and prevention.

Awareness session at SAFA

A cancer awareness session was organised on 25th February at the SAFA Tech Mahindra Smart GDA Center in Mehdipatnam. We addressed the students about cancer and life before and after cancer. Our team explained the causes and symptoms of cancer, related myths and preventive measures.



Awareness session at Tech Mahindra Centre

Another session in partnership with Tech Mahindra was organised at one of their training centres in Mettuguda. We addressed the students about cancer and life before and after cancer. Our team explained the causes and symptoms of cancer, related myths and preventive measures.

Geriatric Cancer Awareness Session



We were invited by the EC Nagar Elderly Welfare Association to conduct an awareness session in their community. We spoke to them about general geriatric problems followed by geriatric cancer, its causes, symptoms and prevention. Mr Sridhar from Rotary also spoke about the risks associated with geriatric cancer.

Geriatric Cancer Awareness Session

Another session about geriatric cancer awareness was conducted by us at the Gold age home in Saroornagar. We covered several topics of relevance including general geriatric problems, geriatric cancer and its causes, symptoms and prevention. Mrs Radharamani shared her thoughts about geriatric cancer. We also explained to the elderly, myths related to cancer while also talking about the harmful effects of self-medication.

Community Awareness Session

The Rathna Nagar welfare association members invited Swastava Cancer Care to conduct an awareness session in their community. We addressed the residents on issues related to cancer its causes and symptoms. The participants were all ears to our volunteers and also raised queries about cancer which were answered.

Campaign and other activities

AYURWAY Conference

On 13th May the Swastava GS attended a conference organized by AYURWAY on Cancer Prevention. This conference saw participation and presentation from various specialists in the field of cancer care. They discussed alternate therapies which are found to be working well for cancer patients during chemotherapy and have proven to reduce the side effects of chemotherapy beside aiding early recovery. The conference made for a great place to connect with likeminded organisations and people working in the cancer-care space.

Breast Cancer Awareness Walk

On 19th Oct a breast cancer awareness walk was conducted near KBR Park which was attended by Rotarians, and members & volunteers of Swastava Cancer Care. The 4-kilometre walk was accompanied by banners, placards, and slogans as an effort to create awareness about breast cancer. Pamphlets on self-examination of breast were distributed in both Telugu & English.

SAARC Conference

Swastava Cancer Care was represented by GS at the SAARC federation of Oncologist's conference in Bhutan – Thimphu. We made a presentation on the Role of NGOs in creating awareness and early cancer detection. It was much appreciated by all 300 delegates from all over SAARC.

World Cancer Day Walk - AV College

On the occasion of World Cancer day on 4th Feb, a walk was organised with the support of LIC of India, Scope foundation, and Rotary Dist. 3150. Nearly 600 participants walked from AV College on Tank Bund till Vivekananda statue and back to AV college with great enthusiasm. Banners & Placards were carried and the media covered the occasion as well. Rotary Club of Centennial provided water & Snacks to walking members.



**Activities in
FY 2019-20**

Cancer Awareness

Cancer Awareness in Government School in partnership with SSA Telangana

We were invited by the DEO of Hyderabad vide memo 5883/SE.Genl/A1/2019, Dt.06.08.2019 to conduct cancer awareness sessions in 10 schools with the Hyderabad district. During the second fortnight of November 2019, Swastava team along with volunteers, visited 10 government run schools where awareness sessions were conducted for children in class 8-10. These sessions focused on imparting cancer related knowledge apart from sensitising the children to the dangers of tobacco and alcohol addictions. Children took pledge to not consume these products as well as to dissuade their family members from doing so. The following schools were visited by our team:

GHS Yousufguda Checkpost
GHS Filmnagar
GGHS Mahaboobia Nampally
GHS Nampally Sections colony
GHS Musheerabad
GHS Dareecherabhavar
GHS Amberpet
GHS Langer House
GHS Kulsumpura
GHS Barkas

A total of about 3500 children which included 2500 girls participated in these sessions.



Rural Cancer Awareness in Sangareddy

With support of JK Fenner under their CSR activity, Swastava Cancer Care conducted Cancer Awareness camps in 21 villages of Sangareddy district. These villages were near the vicinity of the J K Fenner facility in Patancheru. A total of 5918 men, women and children were sensitised in these 21 sessions on various aspects of cancer, its symptoms, myths and preventive measures. A main focus area of these sessions was also to sensitise the community on risks of alcohol and tobacco consumption as these habits are highly prevalent in this populace.



Cancer Screening

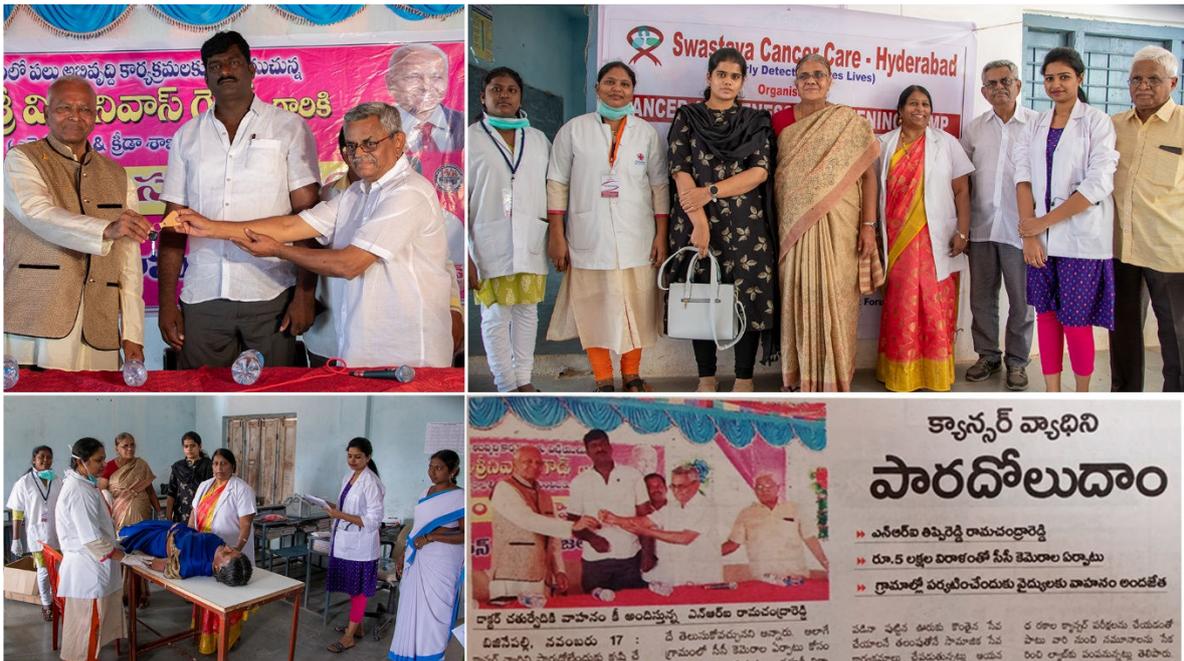
Cancer Screening in Government School in partnership with SSA Telangana

As part of our partnership with the DEO, Hyderabad, we were also invited to conduct breast and cervical cancer screening camps of female teachers under the SSA's Hyderabad district. We conducted 2 camps at CPL Amberpet and Mahaboobia, Nampally respectively. These camps were attended by Teachers from nearby schools and in all more than 60 teachers were screened by a team of gynaecologists and nurses through PAP smear method where needed. Where there was a suspicion, the samples were sent for pathological testing.



Screening Camp at Nandi Vaddeman Village

Swastava Cancer care organised a mega screening camp in Nandi Vaddeman village, about 150 kilometres from Hyderabad. Dr Aparna volunteered and came to the village to conduct the same in which 150 women were screened. We were joined by Dr Vahida, Retired Principal of Kurnool Medical college who is also a Gyn Surgeon. the doctors identified 50 cases with infection and gave medicines as needed. 48 PAP slides were collected and finally after pathology tests identified two suspected cases which were handed over to DMO for required care. We got a feedback that one out of the two had surgery in a district hospital and the other proved false positive.



Rural Cancer and Health Screening in Sangareddy

As part of our engagement with J K Fenner, we also conducted 6 screening and 1 general health camp in the same villages that the awareness camps were conducted. We invited doctors, dentists, and nurses from the MNR Medical college who screened a total of 513 women for breast, oral and cervical cancers. For men, there was general examination and oral examination alongside basic medicine distribution for all. A general health screening was conducted in Patancheru where 205 people participated.



Campaign and other activities

World No Tobacco Day - Meeting

On the occasion of World No Tobacco Day, Swastava Cancer Care in association with, SCOPE and LIC, organised a meeting at Press Club. The meeting was presided over by members of all participating NGOs along with State Minister Shri Etala Rajender. The minister said that the diseases caused due to smoking and chewing tobacco will not only affect the family, but also the society. He also shared that more than the government, it is the NGOs and activists who can help in bringing awareness in people about the dangers of using tobacco. The minister also vowed to make Hyderabad a smoke free city.



Received a Van as support



In October 2019, we received a Van as donation from one of our great supporters, **Shri T Ramachandra Reddy** who is a resident of Georgia, USA and hails from Nagarkurnool. This van has been a great support to our programme since then as it serves as the primary vehicle for conducting both awareness and screening camps in the vicinity of Hyderabad. We are grateful to our supporter **Shri T R Reddy garu** for this thoughtful gesture.

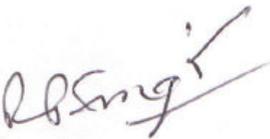


**Financial from
FY 2017-18 to FY 2019-20**

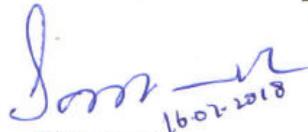
2017-18

SWASTAVA CANCER CARE
1-2-593/31, Flat No.401, Legend Classic, Gaganmahal,
HYDERABAD-500029
BALANCE SHEET AS ON 31.03.2018

LIABILITIES:	Amount in Rs.	Amount in Rs.
CAPITAL FUND		
Life Membership Fund:		
Life members admitted during the year	24,000.00	
Reserves & Surplus		
Excess of income over expenses	<u>8,071.40</u>	32,071.40
Mr. Chaturvedi		<u>13,750.00</u>
		<u>45,821.40</u>
 <u>ASSETS:</u>		
Cash in hnd	1,884.40	
Andhra Bank S.B.a/c no.013910100078585	<u>43,937.00</u>	45,821.40
		<u>45,821.40</u>


President


Secretary


Treasurer
16.02.2018




no. 207268
31/07/2018

2018-19

SWASTAVA CANCER CARE
1-2-593/31, Flat No.401, Legend Classic, Gaganmahal,
HYDERABAD-500029

BALANCE SHEET AS ON 31.03.2019

LIABILITIES:	Amount in Rs.	Amount in Rs.
CAPITAL FUND		
Life Membership Fund:		
Life members admitted during the year	24,000.00	
Reserves & Surplus		
Last year balance	8,071.40	
Excess of income over expenses	12,861.60	44,933.00
Mr. Chaturvedi		8,000.00
		52,933.00
ASSETS:		
Computer & Printer	38,699.00	
Cash in hnd	54.40	
Andhra Bank S.B.a/c no.013910100078585	14,179.60	52,933.00
		52,933.00

For Rao & Sasi,
Chartered Accountants
Firm Regn. No. 006345S

Signature

CA. P. Bhujanga Rao
Partner

M.No.207268

Place: Hyderabad

Date: 30.06.2019



Signature
President

Signature
Secretary

Signature
Treasurer

2019-20

Unaudited

Particulars	SWASTAVA CANCER CARE			
	1-Apr-2019 to 23-Mar-2020			
	Opening Balance	Transactions		Closing Balance
		Debit	Credit	
ANDHRA BANK A/C NO.0139101000785	14179.60 Dr	1107249.79	1008139.70	113289.69 Dr
BANK CHARGES		310.00		310.00 Dr
CAR MAINTENANCE		95808.14		95808.14 Dr
Cash	54.40 Dr	182000.00	181706.50	347.90 Dr
COMPUTER	38699.00 Dr			38699.00 Dr
CONFERENCES & SEMINARS		13629.00		13629.00 Dr
CONVEYANCE		7360.00		7360.00 Dr
DONATIONS			1083388.30	1083388.30 Cr
HANDICAM VEDIO CAMERA		16499.00		16499.00 Dr
HONORORIUM		76800.00		76800.00 Dr
INTERST ON S.B.A/C			1860.00	1860.00 Cr
LIFE MEMBERSHIP FUND	24000.00 Cr			24000.00 Cr
MARUTI VAN		480000.00		480000.00 Dr
MEDICAL & DIAGNOSTIC EXPENSES		3600.00		3600.00 Dr
MEDICINES & DISPOSABLES		53410.25		53410.25 Dr
MEMBERSHIP FEES			7000.00	7000.00 Cr
MISCELLANIOUS EXENSES		800.00		800.00 Dr
MISC INCOME			1.49	1.49 Cr
MITRA AGENCIES		480000.00	480000.00	
MOMANTOS		1790.00		1790.00 Dr
MR. CHATURVEDI	8000.00 Cr	283562.70	354540.92	78978.22 Cr
OFFICE EXPENSES		6996.00		6996.00 Dr
POSTAGE & COURIER		3000.00		3000.00 Dr
PRINTER		5999.00		5999.00 Dr
PRINTING & STATIONERY		23403.00		23403.00 Dr
PUBLICITY EXPENSES		67232.00		67232.00 Dr
REFRESHMENTS		8743.00		8743.00 Dr
RESERVES & SURPLUS	20933.00 Cr			20933.00 Cr
SALARIES		76206.00		76206.00 Dr
SUBSCRIPTION		6000.00		6000.00 Dr
TRAVELLING EXPENSES		76939.03		76939.03 Dr
VJAYA PRINTERS		9500.00		9500.00 Dr
WEB CREATION & MAINTENANCE		29800.00		29800.00 Dr
Grand Total		3116636.91	3116636.91	



SWASTAVA CANCER CARE

Vision

Be a leading player in India's fight against cancer.

Mission

Build cancer awareness among the masses by conducting sensitisation programmes in communities.

Enable early detection of oral, cervical, and breast cancers by conducting screening camps.

SWASTAVA CANCER CARE

401 Legend Classic,
Road # 4, Domalguda
Hyderabad - 500029, India
Ph: +91 98493 98879
swastava.cancercare@gmail.com
www.swastavacancercare.com

