

December Month Activity Report

❖ **Swastava with District-3150 has started an year long campaign against Tobacco in all social Media with one poster every week.**

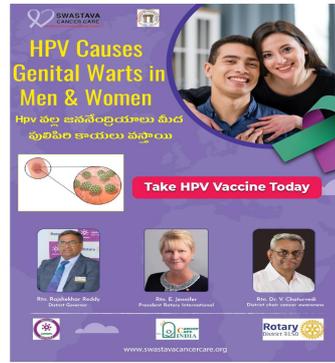
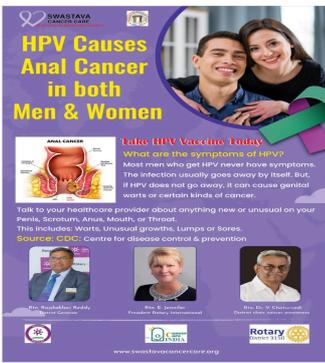


❖ **12th November 2022 Meeting in Swastava office Mrs.Shiva Parvati from united way has come to inspect and to discuss on proposals and two Swastava Directors Dr. Naveen and Vice President Venugopal attended the meeting and the meeting went on for two hours and above and discussed on funding proposal .**



❖ **16th November 2022 Swastava Team visited Nalgonda on a pilot visit to check facilities & Availability of infrastructure for conducting Awareness and Screening Camp like : Gynec Rooms for Screening , Separate rooms for Oral & Dental Examination and Breast Examination, Examination tables, Arrangements of Doctors and other para medical staff...and ect.**

❖ **Swastava with District-3150 has started an year long campaign against Cancer's in all social Media with one poster every week.**



Through social media we are creating awareness initially so that vaccine hesitation can be removed. we need to take up vaccination in a big way so that future generation can be saved from Cervical cancer.

We are insisting that girl child should be given vaccination between 9 & 14 with two vaccines with the gap of 6 months.

❖ **1st December 22 Pilot Visit to Sangareddy to meet DRDA & DMHO in mobilization of women for screening and also for para-medical staff on cancer screening camp day.**

Discuss with officials to make arrangement for next camp.

During camp the following screening process is followed:

1. **Oral screening** : our dentist oral cancer specialist examine the :

- Oral cavity for Bleeding Gums,
- Unhealed wounds under the Tongue ,
- Palate ,
- Throat and
- Cheeks for white & Red patches .

2. **Breast Examine** : Exclusive examination is done for:

- Lumps
- Dimples or depressed skin
- Skin irritation or Texture change
- Swelling of any part of the Breast
- Discharge from Nipples other than feeding Mothers.
- Pain in the Breast /Discomfort, Except during menstrual cycle.

Our Gynaecologist in charge of Breast examination if recommends for Mammogram or Ultrasound or FNAC depending on the condition of the Breast. If Mammogram facility is not available in the village/Town. Swastava Cancer Care brings them to Hyderabad to get the above test done for early diagnosis and thus assist in early cancer detection for saving lives.

- 3. Cervical Screening :** Our Doctors examine Cervix for its health and PAP-smear is taken from all the women who attend the camp except those women who are on periods or had undergone Hysterectomy.
- For those who's cervixes are not healthy our doctors conduct VIA & Iodine Test, record changes in our Colposcopy. Samples are taken for HPV test through liquid Cytology .
 - Test Liquid Cytology sample for HPV test .

Once we receive pathology reports we compare with other test done and decide on suggesting cervical Biopsy and the cost of which is spent by Swastava from sponsorship funds given by Novartis..

Once diagnosis is done the patient will be recommended for admission in MNJ Cancer Hospital or any other Private Hospital which has Arogyasri scheme.

❖ **Swastava cancer care organized cancer awareness and screening program in Sadhashivpet on 3rd December 2022.**

Awareness programme & Cancer Screening Camp :

General Secretary, Hospital Superintendent and Hospital Doctors talk about the cancer awareness program and also shown special video programs in big LED T.V, where experience Doctors are explaining how to prevent this cervical cancer in women and how to maintain menstrual hygiene, how to identify breast cancer and also Doctors explain how to do self examination of Breast.

With the help of Asha works Mobilization was done one week before, DMHO Members, DRDA people have all participated in the camp actively.

Three Gynic doctors- Dr.Sangaman, Dr.Padma & Dr.Naveena and besides two General Physicians have attended to the screening, Dr.Naveen and his team of junior Doctors had done Dental (Oral) examination .

Swastava volunteers did registration with the support of local nurses who have taken blood sugar, BP & weight.

Around 200 members had participated and only screened 87 women because of under age we rejected most of the women, where we screen only above 30+ women.

Special Thanks to Hospital Superintendent (Sadhashivpet) for the support and coordination in organizing and providing all the facilities in the cancer Awareness and Screening camp.

Organization of the camp and coordinating & support of each and every one was appreciated during vote of thanks.

Camp Photographs :



6th December 22 Swastava Team visited Zaheerabad on a pilot study we check on facilities available select places for each activity like:

- Suitability of the place
- Place for assembling all the women to give awareness by various experts ,show videos specially prepared for creating awareness
- Place for registration
- Room for oral examination
- Room for Breast examination and
- Room for cervical examination
- Positions where banners can be erected.
- Discussions with hospital superintendent and doctors
- Arrangement for local hospitality like tea ,food packets ,water and lunch for the doctors.
- Facilities available for sterilizing Speculums if need and material available with the hospitals if we run short what we carried.
- Facilities in the area hospital if any for taking cervical biopsy ,ultra sound and FNAC
- Sound and light system
- Availability of enough number of nurses

After confirming all the activities the team return to Hyderabad.

❖ Swastava cancer care organized cancer awareness and screening program in Zahirabad on 10th December 2022.

**No. of participants: 200
Screened Womens : 156**

Introduction

Aims: Screening & Awareness programme for all Asha workers (Self help group Members).

Dr. Vasudev Chaturvedi Chairman-Swastava, Telangana Development forum (California)-President - Dr.Divesh Reddy, And his wife Mrs.Divesh, Rotary Members: Rtn.Venkateshwarulu garu, Rtn. Mahipal garu, Additional DRDO officer Shanker Garu, Local Muslim Organization Members had

participated in the camp and explained about the cancer awareness program and importance of Screening to people.

The project aims are - Early detection of cancer to save life.

Medical camp:

This program was sponsored by Novartis and done in collaboration with Hyderabad Nursing Home & Rotary. This camp was organized successfully with the co-ordination of Additional DRDA Mr.Shanker garu and Hospital superintendent Dr.Sheshu Garu. The Doctor's, Nurses, Volunteers, Hospital staff, Swastava Coordinators and DRDA members, DM & HO People have attended Cancer Screening & Awareness program.

TDF-President Mr.Divesh Reddy with his wife Mrs.Divesh were the guests of honor to the program Dr.Sheshu - Hospital MS welcomed them with a flower bouquets .

TDF-President Mr.Divesh Reddy with his wife Mrs.Divesh had participated in the camp and also involved themselves in volunteering activities which shows their great interest in the camp .

They had also participated in press meet and express their support to Swastava, expect they support of TDF to Swastava in coming years

Hospital staff - Coordination was good, Superb arrangements by Swastava team in arranging the lunch to all the doctors and other staff of the Hospital .



❖ Training program on NGO Management Seminar in Gachibowli (16th December 22)

Attended Seminar in IIIT Gachibowli for NGO Management .



❖ Nasik Rotary club (20th December 22)

Invited Rtn.Dr.Chaturvedi General secretary Swastava Cancer Care as a guest lecture and honored for rendering his services for the society. Dr.Chaturvedi started the awareness session on cancer and various methods of preventing cancer to all the Rotarian's.



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This week post:



❖ Board Meeting (29th December)

All the Directors of Swastava Cancer Care has come to attend the Meeting and discussed on various issues and resolved. And President. R.P. Singh & Chairman Dr. Chaturvedi felicitated our vice president Mr.Venugopal for his dedication and rendering his services towards Swastava.



❖ Meeting In HNH (31st December 22)

Meeting attended by :

- Shri.Dora - IPS (Retd.,) Chairman Sathya Sai Trust,
- Shri R.P. Singh - IPS (Retd.) President Swastava Cancer Care .
- Shri Ajay Mishra - IAS (Retd.) Honorary Chairman Telangana Red Cross.
- Dr. Sirivasulu Prof.HOD Surgical Oncology MNJ Hospital.
- Dr. Chaturvedi General Secretary Swastava Cancer Care.



Meeting attended to discuss on Geriatric Cancer Care for deprived communities through setting up an assisted living center where accommodation for the patient and the attendant medical and Nursing care, House keeping will be provided free of cost for these patients who are not coming back for second round of treatment due to lack of funds, family neglect and lack of adequate medical facilities near by except in Hyderabad.

It is observed that these patients because of not turning up are dying . The proposed center will also provide transport from the center to MNJ Hospital where the patient will take treatment and will be brought back to the center free of cost once MNJ Doctor agree to shift them to the center .

we are working on the proposal and would be commencing operations from Ugadi.